Fairway Parks & Recreation 2019 Winter Newsletter

913.262.0350 x3 www.fairwaykansas.org 5240 Belinder

Winter Art Contest

The Winter Fairway Art Contest is open to all Fairway residents! Participants can stop by City Hall beginning January 2 to pick up one 18x24 inch canvas for a $10 refundable cash deposit. Entry pieces should reflect what the artist loves most about winters in Fairway and may be accompanied by a brief description (200 words or less). Participants can use any artistic medium (i.e. paint, colors, pencils, construction paper, glue, glitter, etc.) for their artwork; however, it must fit within canvas measurements. Artwork may be displayed at City Hall or other city locations throughout the year. The winner of each age group will be awarded a gift card to a Fairway business at the March 11 City Council meeting.

Age Categories

5 & under
6-12 years old
13-18 years old
18+ years old

The $10 cash deposit will be returned provided the completed artwork is submitted to City Hall no later than February 22 at 5:00pm. Judging will take place in late February with the winners announced by March 1.

Fairway Hiring for Summer

The Fairway Parks & Recreation Department is currently accepting applications for its seasonal positions. **The application deadline is February 1st.**

Information about the hiring process, including job descriptions and an application, is available on-line at www.fairwaykansas.org. Click on "Parks & Recreation," then "Employment Opportunities."

FIRST YEAR LIFEGUARD APPLICANTS:

Fairway will be offering a certification class for lifeguards in the Spring of 2019. Questions regarding this class can be sent to vtillery@fairwaykansas.org.

2019 Summer Open Positions:

Pool Manager	**Head Guard**
Lifeguard	**Snack Bar Attendant**
Swim Instructor	**Open Gym Attendant**
Camp Counselor	**Summer Intern**

To register for programs, go to https://fairway.recdesk.com

Chair Yoga

Chair Yoga is designed to provide almost anyone the opportunity to be involved in a gentle form of Yoga. It focuses on the joints and muscles to increase flexibility, strength, balance and circulation.

Monday Sessions

Jan 7— Feb 25 (8 classes)
Cost: $56 res. / $62 non-res.
Location: Fairway Pool House

Mar 4 —Apr 22 (8 classes)
Cost: $56 res. / $62 non-res.
Location: Fairway Pool House

Apr 29 — Jun 24 (8 classes)
No class on May 27
Cost: $56 res. / $62 non-res.
Location: Fairway City Hall

Time: 2:00-3:00 p.m.

Instructor: Christine Lamb

Wednesday Sessions

Jan 9 — Feb 27 (8 classes)
Cost: $56 res. / $62 non-res.
Location: Fairway Pool House

Mar 6 — Apr 24 (8 classes)
Cost: $56 res. / $62 non-res.
Location: Fairway Pool House

May 1 — June 19 (8 classes)
Cost: $56 res. / $62 non-res.
Location: Fairway City Hall

Time: 2:00-3:00 p.m.

Instructor: Sara Sellitto

Prana Flow

Join us for a mellow yin-yang combo of movement and pauses that will challenge you and leave you relaxed and recharged. Prana Flow is a distillation of vinyasa flow developed by Shiva Rae that features gentle waves of movement leading to a peak and then subsiding to sweet savansa.

Jan 7— Feb 25 (8 classes)
Cost: $56 res. / $62 non-res.
Location: Fairway Pool House

Mar 4 —Apr 22 (8 classes)
Cost: $56 res. / $62 non-res.
Location: Fairway Pool House

Apr 29 — Jun 24 (8 classes)
****No class on May 27****
Cost: $56 res. / $62 non-res.
Location: Fairway City Hall

Time: 6:10 - 7:10pm

Not a beginner class; some experience necessary for safety & maximum benefit.

Pre-Registration is **required.**

Phone: 913.262.0350 ext. 3
In Person: 5240 Belinder
Online: use QR code below

Beginner's Yoga

Learn postures to increase flexibility, stamina and strength leading to a happier, relaxed attitude toward life! Instructor Gayle Martin, with four decades of experience, will lead this class. Bring your mat!

Upcoming Sessions

Jan 10 — Feb 28 (8 classes)
Mar 21 — May 9 (8 classes)

Times: 4:30pm or 6:00pm

Day: Thursdays

Cost: $56 res. / $62 non-res.

Location: Fairway City Hall

Yoga in the Park

Join us the first Saturday of every month at Fairway Pool House for a fun and flowing Vinyasa Yoga Class led by instructor, Nicole Wilt. Each class will blend asana, breath work and meditation against the backdrop of "The City of Trees". Bring your yoga mat, some water, your family, a friend or two and connect with the community.

Upcoming Sessions

Jan 5, Feb 2, Mar 2

Time: 9:30am-10:30am

Cost: $10 res. / $12 non-res.

Location: Fairway Pool House

Mindful Strength Training

Strength training prevents loss of muscle mass and bone, it is also beneficial in our daily activities. We will perform light to medium weight exercises for major muscle groups, strengthening and lengthening the major muscle groups, balancing poses and core work on the floor.

Upcoming Sessions

Jan 11 — Mar 1 (8 classes)

Mar 8 — Apr 26 (8 classes)

Time: 10:00-11:00am

Day: Fridays

Cost: $56 res. / $62 non-res.

Location: Fairway Pool House

www.facebook.com/ShawneeIndianMission/

Shawnee Indian Mission Historic Site

3403 W. 53rd Street
Fairway, Kansas 66205
913-262-0867
jlaughlin@fairwaykansas.org

Hours of Operation:
Wednesday – Saturday 10:00am to 5:00 pm
Admission Fee: Adults $5, Youth $1

To arrange school tours, scout programs and other group visits, please call or email Jennifer Laughlin and she will be happy to book your visit! If you are also interested in volunteering, we have many opportunities available on site.

Annual Egg Hunt

Bring your children and their egg basket for a fun morning at the Mission! We will have three separate hunts on the Mission grounds for children based on age groups.

Date: Sat, Apr 20
Ages & Hunt Times:
Ages 1-3 at 9:30am
Ages 4-6 at 10am
Ages 7-10 at 10:30am
Cost: FREE
Location: Shawnee Indian Mission

Annual Spring Clean & National Park Day

Please join us for a few hours of community service during our annual spring clean. We have partnered with the National Park Day and the Civil War Trust so all volunteers receive a National Park Day shirt along with lunch at noon. To participate, please email jlaughlin@fairwaykansas.org

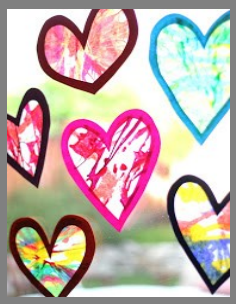
Date: Sat, Apr 6 **Time**: 9am-12pm **Location**: Shawnee Indian Mission

Lend A Hand For History!

Old Fashion Love at the Mission

Escape the winter cold to warm up your heart and soul in this toddler and preK workshop. We will make old fashioned valentines for a special February 14 token of love and snack on some yummy treats in the middle of a historic building.

Pre-registration required.



Date: Wed, Feb 13
Time: 10am-11am
Cost: $5 per child
Location: Shawnee Indian Mission

Kansas Day Open House

Kansas entered statehood on Jan 29, 1861 with Constitutional Conventions, freestate raids, votes for or against slavery and new settlement. The first legislative vote for statehood took place at the Shawnee Indian Mission! Kansas was the 34th state in the Union and this state holiday was established in 1877. Visit the Mission on our annual Kansas Day Open House to learn about local history, see an official copy of the State Constitution and state-themed activities for the kids!

Date: Sat, Jan 26
Time: 10am-5pm
Cost: FREE
Location: Shawnee Indian Mission

Music & Movement

We will continue our Music & Movement classes during the winter! All classes will be led by a certified Music Therapist with Stepping Stones of Kansas City. Inclusive, social music activities will be offered that are designed to help children develop healthy social relationships, as well as age-appropriate social skills, language skills and more. Classes are geared to infants to PreK youth.

Dates: Jan 5, Feb 2, Mar 2, Apr 6
Time: 9am-10am
Cost: $10 per class, per child
Location: Shawnee Indian Mission

Chili Time at the Mission - SIM Foundation Event

On **Saturday, February 9th from 5-8pm**, people of all ages are invited to select the best chili in our area from over 15 chili chefs. Taste them all to determine who we will crown the "Best Mission Chili Chef". A big trophy and funny prizes for the runner up's will bring lots of laughs. Bring your family, friends and neighbors for this down-home evening of chili and trimmings.

To register, visit the SIM Foundation website - simfoundation.org - click on "Events". Interested in being a Chili Cook-Off contestant, please email simfevents@gmail.com.

Cost:$20/adult dinner ticket + $10 Bar Ticket (includes beer/wine)
$5/youth under 16 (includes dessert, activities and crafts).

To register for programs, go to https://fairway.recdesk.com

Gymnastics Open Gym

Dates: Jan 8 - Mar 28
Days: Tuesdays & Thursdays
Times: 10am - Noon
Ages: Children 6 & under **Cost:** $1 per child
Location: City Hall Multipurpose Room (5240 Belinder)
Children must be accompanied by an adult

Little Gymnasts

Structured classes help children explore gymnastics/tumbling activities, to develop flexibility, strength, coordination and balance. Child must be potty trained and comfortable away from parents.

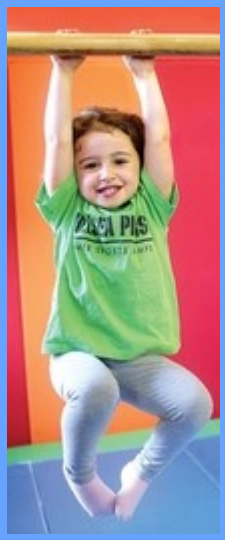
Cost: $40 residents / $45 non-residents
Location: City Hall Multipurpose Room (5240 Belinder)

Evening Sessions

Session Dates: Jan 8-29, Feb 5-26, Mar 5-26
Day: Tuesdays
Times & Ages:
4:30-5:15pm - 4-6 year olds
5:30-6:15pm - 4-6 year olds
6:30-7:15pm - 6-8 year olds (beginners)

Daytime Sessions

Session Dates: Jan 9-30, Feb 6-27
Day: Wednesdays
Times: 10-10:45am
Age: 4-6 year olds



Upcoming Nerf Wars

Thu, Jan 3
Ages & Times:
7-9 years - 10-11:30am
10-13 years - 2-3:30pm

Fri, Mar 8
Ages & Times:
7-9 years - 10-11:30am
10-13 years - 2-3:30pm

Cost: $10 per participants

Gun Rental: $5 per gun

Location: Fairway City Hall (5240 Belinder Road)

Pre-registration is required!

St. Patrick's Day Fun

Register for this fun toddler - preK craft workshop. We will make a St. Patrick's Day craft, talk about Irish folk-lore and end with a snack! Pre-registration required.

Date: Fri, Mar 15

Time: 10-11am

Cost: $5 per child

Location: Shawnee Indian Mission (3403 W 53rd St)

Birthday Party Packages

Are you looking for a fun and unique party for your kiddo? Nerf and Gymnastics party packages are available for groups ranging from 10-30. Flexible week day or weekend party times available.

Nerf or Gymnastics Party packages include:

* 1 hour in the Nerf or Gymnastics room (staff will instruct all Nerf games)
* 30 minutes in party room to eat and open gifts
* 1 slice of pizza per participant
* 1 drink for each participant
* 1 bag of chips for each participant
* 1 frozen treat for each participant

Cost: $15 per person (Minimum of 10)

Do you want more Nerf or Gymnastics time? No problem! Add additional an extra 30 minutes for just $25.

To book your Nerf or Gymnastics Party, call 913.262.0350 ext 3 or email bsoeken@fairwaykansas.org