



# Fairway Parks & Recreation

## Fairway Pool Multipurpose Room Proves Popular

Renter's of Fairway Pool's new Multipurpose Room have given the space glowing reviews. From the space to the atmosphere, this venue is ideal for small gatherings. This fall the space played host to birthday parties, family reunions and even a rug hooking gathering or "Hook-in."

Rentals are available starting at a two hour minimum. Contact the Parks & Recreation Department to arrange for a tour of the space before you book your next event!

**Rental Rates:**

- \$60 for the first two hours, \$25 each additional hour
- Add the outdoor Trellis area \$45
- Add access to the Snack Bar \$25 (non-pool season)
- Temporary Alcoholic Beverage Permit \$80



## Fairway Hiring for Summer Changes in Snack Bar Staff

The Fairway Parks & Recreation Department is currently accepting applications for its seasonal positions. The application deadline is February 1st. Information about the hiring process, including job descriptions and an application, are available on-line at [www.fairwaykansas.org](http://www.fairwaykansas.org).



Click on "Parks & Recreation," then "Employment Opportunities."

**A SPECIAL NOTE FOR FIRST YEAR LIFEGUARD**

**APPLICANTS:** Recent changes with the American Red Cross have made it more difficult for people to find lifeguard classes. Start looking now! YMCA's, larger Parks & Recreation agencies and JCPRD are great places to start looking. Classes fill up so register early!

**SNACK BAR ATTENDANT ELIGIBILITY CHANGES:**

Recent changes in the way Child Labor laws are interpreted will bring about significant changes to Parks & Recreation agencies in the area. Specifically, employees under the age of 16 can not operate hot dog rollers, toaster ovens and convection ovens, all of which are used at the Fairway Pool. In fact, employees must be at least 16 years old to operate a microwave. As a result, Fairway is raising its minimum age for Snack Bar employment to 16 years old.

## *Chair Yoga*

Chair Yoga is instructed by Shannon Basham and designed to provide almost anyone the opportunity to be involved in a gentle form of Yoga. It focuses on the joints and muscles to increase flexibility, strength, balance and circulation.

Session I: Jan. 18-Mar. 7  
Session II: Mar. 14-May 2  
Cost: \$56 res. / \$62 non-res.  
Mondays or Wednesdays  
Time: 2:00-3:00 p.m.  
Location: 4210 Shawnee Mission Pkwy

## *Beginner's Yoga*

Learn postures to increase flexibility, stamina and strength leading to a happier, relaxed attitude toward life! Fairway resident Gayle Martin, with 27 years of Yoga teaching experience, will lead this class.

Bring your mat!

Session I: Jan. 21-Mar. 10  
Session II: Mar. 31-May 19  
Cost: \$52 res. / \$58 non-res.  
Thursdays Only  
Time: 4:30-5:30 p.m.  
Location: 4210 Shawnee Mission Pkwy  
Pre-registration is required.

## *Advanced Beginner's*

We are offering a yoga class for students with at least six months yoga experience with a good knowledge of the postures (asanas). This class will give you more experience in flexibility, stamina and strength!

Bring your mat!

Session I: Jan. 21-Mar. 10  
Session II: Mar. 31-May 19  
Cost: \$52 res. / \$58 non-res.  
Thursdays Only  
Time: 6:00-7:00 p.m.  
Location: 4210 Shawnee Mission Pkwy  
Pre-registration is required.

## *Prana Flow*

Prana Flow (TM) is a refinement of vinyasa flow developed by Shiva Rae which warms and opens the student through a series of waves culminating in a peak pose and then gently coming back to earth and stillness. This style is adaptable through the use of krama so each participant can go to their own edge. Class includes flow sequences, core work, standing poses, balance poses, and attempts at pretzeling. Playful attitude encouraged.

Bring your mat!

Session I: Jan. 18-Mar. 7  
Session II: Mar. 14-May 2  
Cost: \$52 res. / \$58 non-res.  
Monday's Only  
Time: 6:15-7:30 p.m.  
Location: 4210 Shawnee Mission Pkwy

## *Mindful Strength Training*

*with stretching, balance and core exercises*

Shannon Basham has been providing classes for the department for several years and is looking forward to providing a new opportunity for Fairway residents. Strength training prevents loss of muscle mass and bone, it is also beneficial in our daily activities. In Mindful Strength Training we will perform light to medium weight exercises for the major muscle groups, stretching the major muscle groups, balancing poses and core work on the floor.

We will do assessments during our first session and weights will be purchased to fit your needs starting the second class. This class will focus on moving slowly, having good posture, correct form/alignment in each exercise and getting the most out of your strength training. We will also explore various ways to switch up your strength training program.

**Please bring your mat!**

**Session Dates: Jan. 19-Mar. 8**  
**Cost: \$56 res. / \$62 non-res.**  
**Tuesdays Only**  
**Time: 2:00-3:00 p.m.**  
**Location:**  
**4210 Shawnee Mission Pkwy**

## *Multiple Sclerosis Chair Yoga*

Fairway Parks & Recreation partners with the Heartland Borderwalk to offer free Chair Yoga classes to people with Multiple Sclerosis. Instructor Shannon's in-depth knowledge of various styles of yoga, as well as a thorough understanding of anatomy, physiology, and the strengths and limitations of individual bodies, allows her to tailor each class to suit the participants. She teaches classes of varying levels of intensity, and to various levels of students. Classes are every Tuesday at 10:00 a.m. at City Hall.

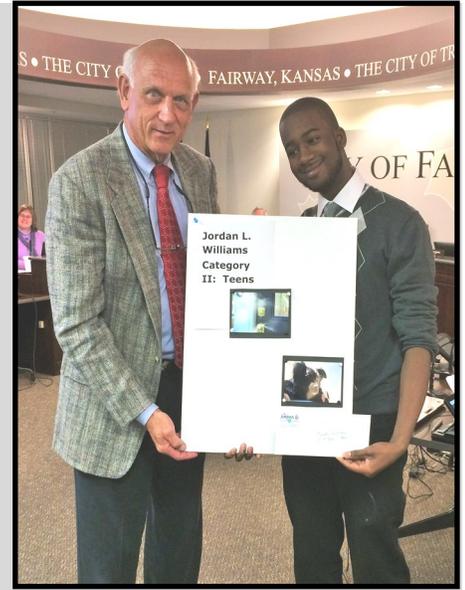
# Fairway Art Contest Enters 3rd Year



*Judith Brougham,  
Adult Winner*



*Rachel Bingham,  
Child Winner*



*Jordan Williams,  
Teen Winner*

Congratulations to the 2015 Fairway Art Contest Winners! All art contestants were recognized at the December 2015 City Council meeting. Winners in each category received a \$25 gift card to a Fairway restaurant of choice. All participants received 5 day passes to the Fairway Pool for the upcoming summer!

The Fairway Art Contest is open to anyone living in Fairway! Each participant can stop by City Hall beginning February 1st to pick up one 18X24 inch cotton canvas for a \$10 refundable cash deposit. Participants can use any artistic medium (i.e. paint, colors, pencils, construction paper, glue, glitter, etc.) for their artwork; however, it must fit within canvas measurements. The piece should reflect what the artist loves about living in the City of Fairway and may be accompanied by a brief (less than 200 word) description. All artwork will be held by the city until at least December 2016. Artwork may be displayed at City Hall or other locations around the city throughout the year.

Three age categories have been established for judging: Category I: Children (ages 12 and younger), Category II: Teens (ages 13-19), and Category III: Adults (ages 20 and older). The \$10 cash deposit will be returned provided the completed artwork is submitted to City Hall no later than Monday, February 29, 2016 at 5 p.m. Judging will take place in early March with the winners announced by the 15th. The prizes will be announced in late January. For questions, contact Nathan Nogelmeier, Director of Parks & Rec. at 913.262.0350 ext. 5300 or email at [nnogelmeier@fairwaykansas.org](mailto:nnogelmeier@fairwaykansas.org).

**Start Date:** February 1st  
**Deadline:** February 29 at 5 p.m.  
**Location:** Fairway City Hall  
**Cost:** \$10 refundable cash deposit

## Reserve the Park Shelter for Your Next Event!

Peterson Park is a great setting for your next birthday party, reception or family reunion! Reservations for the large shelter are currently being accepted! The small shelter is available on an open first come, first serve basis and cannot be reserved. The large shelter is open for public use, unless there is a scheduled reservation. Reservations and payments may be made on-line at [www.fairwaykansas.org](http://www.fairwaykansas.org) or at City Hall.

<i>Large Shelter Only</i>	<i>Res./Non-res.</i>
Half Day (9am-2pm or 3-8pm)	\$25/40
Full Day (9am-8pm)	\$40/55
Commercial Half Day	\$50
Commercial Full Day	\$75
Temporary Alcoholic Beverage Permit	\$80



# Fairway's second "Canes, Cocoa and a 'Claus!'"

On Friday, December 11th, more than 200 people attended "Canes, Cocoa and a 'Claus!'" at the Shawnee Indian Mission State Historic Site in Fairway. The event featured a candy cane hunt, cookies, hot cocoa, a craft activity and, of course, Santa and Mrs. Claus! More than 800 candy canes were hung in the Christmas Tree Forest!



The event was held during the Shawnee Indian Mission Foundation's annual Christmas Tree sale, a collaborative effort with Boy Scout Troop #192. Proceeds from the sale benefit both the foundation and the boy scout troop.

Thanks to everyone who attended the event as well as to those who supported the Shawnee Indian Mission Foundation and Boy Scout Troop #192!

## Don't Forget Fairway's Tree Protection Ordinance!

In 2014, the Fairway City Council adopted a new ordinance related to the protection of public trees located in the public rights-of-way along City streets, green space and parkland. This new ordinance applies to all trees within 10 feet of the curb at the front (and side, if applicable) of your property. Originating from the Fairway Tree Board, the purpose of this ordinance is to protect the City's ongoing investment of its trees for generations to come. Fairway is one of only a few cities that take an active role in maintaining street trees. Over the last three years, Fairway has invested over \$80,000 annually in maintaining our urban forest.

Residents are not allowed to remove right-of-way trees without permission from the City of Fairway. In addition, property owners and contractors must take steps to protect right-of-way trees during construction projects.

To view the ordinance in its entirety, go to [www.fairwaykansas.org](http://www.fairwaykansas.org) or stop by City Hall.

